



Home

Executive

News

Registration

Slowpitch

Fastpitch

Moss Tournament

Squirt Fastpitch

PeeWee Fastpitch

Bantam Fastpitch

Schedules

Learn the Game

Related Links

Photo Gallery

Sponsors

Welcome to the home of the Express!

Waterford Valley is located in the west end of St. John's, Newfoundland and Labrador. The association offers programs in slowpitch and fastpitch softball in all minor divisions. We offer an eight week program during the summer months. The program consists of daily skills development clinics, two games a week and Friday is always a family fun day where children go on field trips around the city. Our goal is to promote physical fitness and to promote sportsmanship and a spirit of fair play among our players at all levels. For more information on how to register please select the registration tab to the left of this page.



Softball: Fun For All Ages

General Inquiries:

Contact Kayla Dalton at the Shed.745-7343

E-mail us at:

executive@waterfordvalleysoftball.com

WEATHER UPDATE *Tuesday August 18th, 2009*

Due to wet conditions games are cancelled this evening.

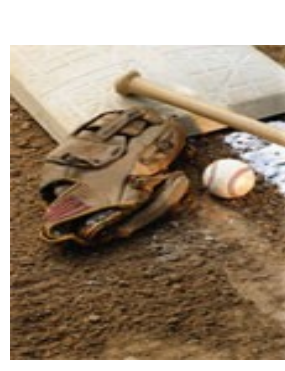
Latest News Headlines...read more on the news tab.

- Basketball Tourney this weekend at Waterford Valley Court has been cancelled
- Basketball Court construction completed
- House League winners determined
- Waterford Valley take silver at the ECSC Peeewe Championship.
- Eastern Canadian Peeewe Championship begins tomorrow
- Peeewe Slowpitch team posted
- Peeewe fastpitch champion determined
- Mite Co-Ed schedule posted
- Squirt/Peeewe slowpitch playoffs schedule changed
- Family Fun Day plans changed again
- PeeWee Eastern Canadian Schedule posted
- Peeewe Fastpitch Provincial Schedule changed
- Co-Ed Mite Slowpitch team announced
- Peeewe Fastpitch Provincial Schedule posted

- [Home](#)
- [Executive](#)
- [News](#)
- [Registration](#)
- [Slowpitch](#)
- [Fastpitch](#)
- [Moss Tournament](#)
- [Squirt Fastpitch](#)
- [PeeWee Fastpitch](#)
- [Bantam Fastpitch](#)
- [Schedules](#)
- [Learn the Game](#)
- [Related Links](#)
- [Photo Gallery](#)
- [Sponsors](#)

Executive Members

President	Paul Healey
Vice-President	Don King
Treasurer	Paul Heffernan
Secretary	Geoff Heffernan
Special Liaison	John Dinn



All you need to play...



- Home
- Executive
- News
- Registration
- Slowpitch
- Fastpitch
- Moss Tournament
- Squirt Fastpitch
- PeeWee Fastpitch
- Bantam Fastpitch
- Schedules
- Learn the Game
- Related Links
- Photo Gallery
- Sponsors

News

We are currently seeking volunteers to help as coaches, managers and committee members. If you are interested please [contact us](#).

We will post team results in the various tournaments throughout the year. Contact our executive if you have any suggestions or can provide any news information pertinent to our association. All input is welcomed.

September 14, 2009

Youth basketball tournament Sep 19 and 20 at the new basketball court on Waterford Bridge Road . Open to grades 7, 8 and 9. \$5 registration. Call 368-2825.

September 10,2009

The construction of a \$15000 dollar basketball court behind Gerry Veitch Softball Field has been completed. The Valley has decided to open the court next weekend during an invitational basketball fun tournament September 19th and 20th. Players have to be 14 and under to participate. If interested contact Paul Healey for more information.

September 2, 2009

The Squirt/Peewee slowpitch house league finished up last Monday with the Corvettes, led by player of the game Ryan Kenny, beating the Mustangs, led by Jordan Noftal, in the final.

Clinic attendance awards were given to Brady Hanlon for mite, Ryan Kenny for squirt/peewee slow-pitch, and Justin Broders for Fast pitch.

The home run race was won by Leo Murphy in squirt/peewee and Conner Donahey in bantam.

Thank you to all who participated and we hope you enjoyed your year at Waterford Valley.

August 30, 2009

Waterford Valley Fastpitch Peewees won a silver medal today by beating the Highgate Rock of Ontario 6-2 in the semi-final game of the ECSC held a Lion's park this weekend. The team was led by the strong pitching of Isaac Davis-Power and a strong offensive attack led by Eastern Canadian all-star third baseman Michael King. In a rain soaked championship game the boys came up short losing to the undefeated Kitchener-Waterloo Kolts. Thank you to our super volunteers who made this tournament the success that it was. Wendy Kenny and Doris Pomroy were invaluable to the host committee and made this a once in a lifetime experience for our team. Thank you all sincerely from the executive.

August 29, 2009

Waterford Valley Peewees have clinched a bronze medal this evening by beating Nova Scotia 9-7 in a great come from behind win. Waterford Valley were down 5-2 after giving up 5 in the fourth but roared back with five of their own in the bottom of the fourth. The valley takes on Ontario 2--Highgate Rock tomorrow morning at 8:00 am. The championship game is set for 10:30 due to the impending weather.

August 28, 2009

Waterford Valley Peewees have lost the first two games by one run against two powerhouse Ontario teams but bounced back with a big win tonight over Virginia Park. The hosts have a game Saturday at 10 am vs. Nova Scotia followed by a game against C.B.C. at 4 pm. Playoffs have been moved up due to the impending weather Sunday. The first playoff game is 6 pm Saturday (1 vs. 2) followed by the second playoff game at 8 pm (3 vs. 4).

August 27, 2009

The Boys Peewee Fastpitch team begins its Eastern Canadian Championship today at 6:00 pm versus Ontario 2 - Highgate Rock at Lion's Park. Opening ceremonies begin at 5:30. Please come down to support our boys.

August 26, 2009

The Waterford Valley Peewee boys slowpitch team will be going to St. Phillips this weekend to try to bring home another slowpitch championship for the valley. Good luck!! This years team includes:

Justin Heartery

Brandon Kilfoy

Josh McLeod

Mike Hansford

Andrew Moulard

Craig Follett

Leo Murphy

Nicolas Pinsent

Nick Pretty

Ephram Tracy

Greg Tracy

James Heartery

Ryan Maher

Trevor Denine

August 23, 2009

The 2009 Provincial Peewee Fastpitch Champions are Waterford Valley. The two representatives from the valley squared off in the final with the Black team coming out on top with a 5 - 1 victory. The black team went undefeated in the tournament led by the strong pitching of Isaac Power. Waterford Valley will host the Eastern Canadian this coming week at Lion's Park. We would like to thank all the parents who helped this weekend with the canteen. It was a great weekend for everyone involved.

August 21, 2009

The schedule for the mite Co-Ed slowpitch provincial is posted below.

5 TEAMS==FOXTRAP N=CBC= WATERFORD VALLEY= BUTLERVILLE JR. =FOXTRAP T.

SATURDAY AUGUST 22ND.

9AM--FOXTRAP N PLAYS BUTLERVILLE JR.
1015--BUTLERVILLE JR. PLAYS CBC
1130--WATERFORD VALLEY PLAYS FOXTRAP N
1245--BUTLERVILLE JR. PLAYS WATERFORD VALLEY
2PM--CBC PLAYS FOXTRAP T
315--CBC PLAYS FOXTRAP N
430--WATERFORD VALLEY PLAYS FOXTRAP T

SUNDAY AUGUST 23RD.

9AM--FOXTRAP T PLAYS FOXTRAP N
1015-- CBC PLAYS WATERFORD VALLEY
1130--FOXTRAP T PLAYS BUTLERVILLE JR.
1245-- TEAM 1 PLAYS TEAM 3
2PM-- TEAM 2 PLAYS TEAM 4
315-- CHAMPIONSHIP GAME.

5 INNINGS EACH GAME -THE 5TH INNING BEING OPEN. NO MERCY RULE DUE TO 5 INNINGS. COIN TOSS FOR EACH GAME. LETS HAVE FUN AND PLAY BALL. THANK-YOU= RITA BUTLER-- PRES. OF FOXTRAP MINOR SOFTBALL.

August 20, 2009

Due to the change in the Peewee fastpitch provincial being held this Friday the schedule for the Squirt/Peewee slowpitch playoffs has been changed as follows:

Thursday August 20th

5:00 Corvettes vs Mustangs @ Waterford Valley

5:00 Vipers vs Jaguars @ Cowan Park

6:30 Vipers vs Corvettes @ Waterford Valley

Friday's games moved to Monday

Monday August 24th

5:00 Vipers vs Mustangs @ Waterford Valley

5:00 Jaguars vs Corvettes @ Cowan Park

6:30 Championship @ Waterford Valley

August 20th, 2009

We are going back to original plans for our final Friday Fun day as follows: Many events are planned for the whole family. All are welcome.

10:00-11:30 Soccer baseball
11:30-12:00 Relay races + three legged race
12:00-1:00 Dodge Ball
1:00-2:30 Slowpitch softball game Kids vs Instructors
2:30- 3:30 Waterfight/Freeze Tag
5:00-6:30 Squirt Peewee Parents vs Squirt Peewee Kids
6:30-7:00 Medal Ceremony
7:00-8:00 Home Run Derby
8:00 Fireworks

August 20, 2009

The PeeWee Boys Eastern Canadian Championship will be hosted August 27th - 30th at Lion's Park by Waterford Valley. The schedule is posted [here](#). We are seeking volunteers to help with this event. Contact our executive if you wish to get involved.

August 19, 2009

Due to the impending storm forecast for Sunday the peewee fastpitch provincial will begin Friday instead of Saturday. The schedule for this weekend has been posted [here](#) and on SNL website.

August 18, 2009

The Co-Ed Mite team participating in the provincial championship in Foxtrap August 21-23rd has been decided as follows:

Brady Hanlon
Amber Bartlet
Timothy Hong
Nathan Jesso
Connor Swain
Jasmine Walsh
Kendra Noftal
Heather Power
Alex Noseworthy
Colin Brace
Connor Tracy

August 18, 2009

Due to the rainout Tuesday the schedule for slowpitch playoffs has been changed and family fun day has also changed as follows:

Wednesday August 19th
5:00 Jaguars vs Mustangs CP

Thursday August 20th
5:00 Corvettes vs Mustangs WV
5:00 Jaguars vs Vipers CP
6:30 Vipers vs Corvettes WV

Friday August 21st
5:00 Vipers vs Mustangs WV
5:00 Jaguars vs Corvettes CP
7:00 Championship Game WV

Fireworks to follow

August 18, 2009

[Home](#)[Executive](#)[News](#)[Registration](#)[Slowpitch](#)[Fastpitch](#)[Moss Tournament](#)[Squirt Fastpitch](#)[PeeWee Fastpitch](#)[Bantam Fastpitch](#)[Schedules](#)[Learn the Game](#)[Related Links](#)[Photo Gallery](#)[Sponsors](#)

Registration

To contact us call:
745-7343

We have separate registration for slowpitch and fastpitch this year. If you wish to register for both fill out both forms. Registrations will be accepted starting June 8th, 2009. All minor aged players male or female are welcome to signup regardless of where they live. Every effort will be made to balance teams and schedules.

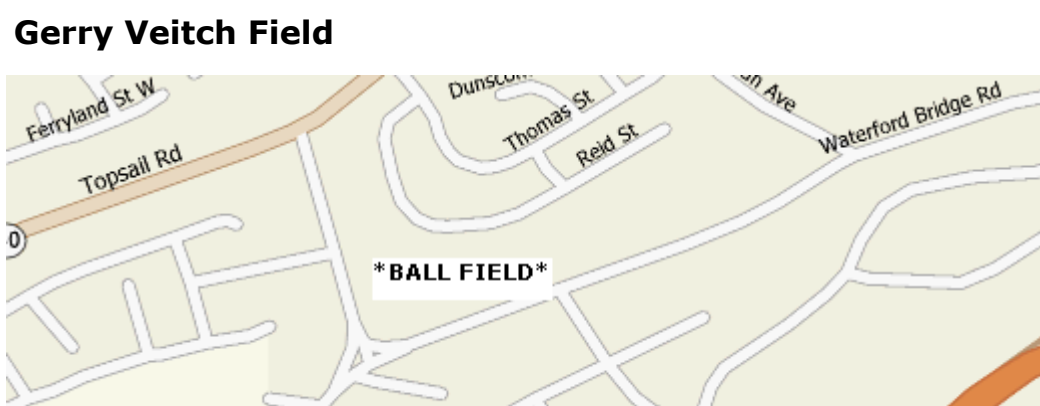
Please download and return the completed registration form with cash payment to the equipment shed at Gerry Veitch Field located on Waterford Bridge Rd.

Office hours are noon to 8 p.m. Monday to Friday.

[Download Slowpitch Registration Form](#)

[Download Fastpitch Registration Form](#)

Gerry Veitch Field



Waterford Valley Softball supports the [R.E.A.L.](#) Program offered by the City of St. John's.

Expectations of Parents and Players

Player's Obligations

- attend all practices and games on a regular basis. Notify coach if unable to attend.
- exhibit reasonable and acceptable behaviour at all times.
- take proper care of the team's equipment (uniforms, bats, catching equipment etc.).
- treat players, coaches, managers, and officials with respect.

Parent Obligations

- ensure that players have a ride to games and practices.
- ensure that players have the necessary equipment not provided by the Association.
- co-operate fully with the coaches and managers and facility staff.
- take proper care of WWSA property
- Volunteer to assist your coach, manager, or association.
- Positively support their child's effort without putting pressure on them to do well.

Here are some hints on how to make this a fun season, with lots of positive memories for your kids and your family.

1. Make sure that win or lose you love them, as the person in their life that they can always look to for support.
2. Try to be completely honest with yourself about your kids' athletic capability, their competitive attitude, their sportsmanship, and their level of skills.
3. Be helpful, but don't coach your kids on the way to the game or at the breakfast table. Think about how tough it must be on them to be constantly inundated with advice, pep talks, and criticism.
4. Teach your kids to enjoy the thrill of competition, to be out there trying, to be constantly working to improve their skills, to take physical bumps and come back for more. Don't tell them that winning doesn't count because it does, and they know it. Instead help them develop a healthy competitive attitude, a "feel" for competing, for trying hard, for having a good time.
5. Try not to live your life through your kids. You've lost as well as won. You've been frightened and backed off at times. Sure they are an extension of you but they may not feel the same way as you did, want the same things, or have the same attitude.
6. Don't push them in the direction that gives you the most satisfaction. Don't compete with your kids' coaches. A coach may become a hero to your kids for a while, someone who can do no wrong, and you may find that hard to take. Conversely, don't automatically side with your kids against their coaches. Try to help them understand the necessity for discipline, rules, and regulations.
7. Don't compare your kids with other players on their team - at least not within their hearing - don't lie to them about their capabilities as a player. If you are overly protective you will perpetuate the problem.
8. Remember that children tend to exaggerate. Temper your reaction to stories that they bring home from practice or the game about how they were praised or criticized. Don't criticize them for exaggerating, but don't overact to the stories that they tell you.
9. Teach your kids the meaning of courage. Some of us can climb mountains, but are frightened about getting into a fight. Some of us can fight without fear, but turn to jelly at the sight of a bee. Everyone is frightened about something. Courage isn't the absence of fear. Courage is learning to perform in spite of fear. It's overcoming it.
10. Winning is an important goal. Winning at all costs is stupidity.
11. Remember that the officials are necessary. Don't overreact to their calls. They have rules and guidelines to follow representing authority on the field. Teach your kids to respect authority and to play by the rules.
12. Finally, remember, if the kids aren't having fun, we're missing the whole point of youth sports.

[Home](#)
[Executive](#)
[News](#)
[Registration](#)
[Slowpitch](#)
[Fastpitch](#)
[Moss Tournament](#)
[Squirt Fastpitch](#)
[PeeWee Fastpitch](#)
[Bantam Fastpitch](#)
[Schedules](#)
[Learn the Game](#)
[Related Links](#)
[Photo Gallery](#)
[Sponsors](#)

Slowpitch

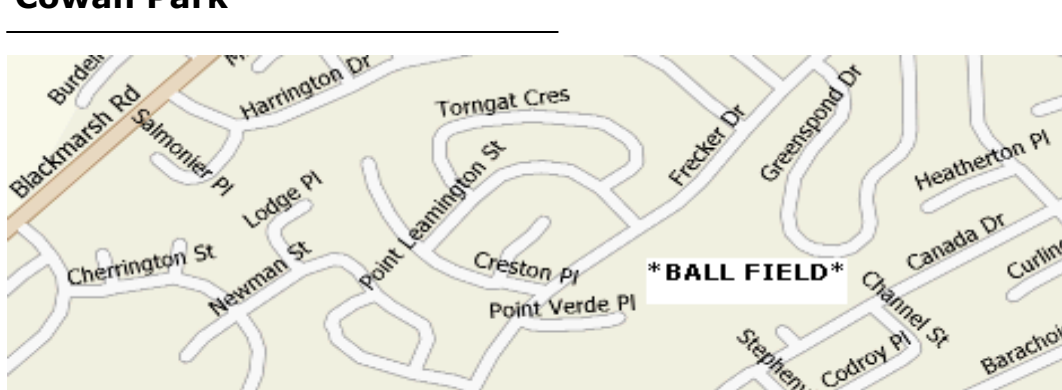
T-Ball, Mite and Squirt (age 12 and under) is played at Gerry Veitch Field located near the west entrance to Bowering Park on Waterford Bridge Rd. If coming from the east on Topsail Rd. turn right at the Brookfield Rd. Fire Station.

Gerry Veitch Field



Peewee and Bantam Slow-pitch is played at Cowan Park located off Canada Drive in Cowan Heights. Access the field off Canada Drive.

Cowan Park



WVSA plans to have a provincial representative in each slow-pitch division this year. All registered players are eligible to try out and be selected to a team in their age category. The tournament dates have been posted below.

July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Schedule of Events

- Mite Boys Slow-pitch Provincial August 28th - 30th (Carbonear)
- Squirt Boys Slow-pitch Provincial August 28th - 30th (Carbonear)
- Peewee Boys Slow-pitch Provincial August 21-23rd (St. Phillips)
- Bantam Slow-pitch Provincial August 21st - 23rd (Trinity Bay North)

- [Provincial Tourney Slow-pitch Rules](#)



- [Home](#)
- [Executive](#)
- [News](#)
- [Registration](#)
- [Slowpitch](#)
- [Fastpitch](#)
- [Moss Tournament](#)
- [Squirt Fastpitch](#)
- [PeeWee Fastpitch](#)
- [Bantam Fastpitch](#)
- [Schedules](#)
- [Learn the Game](#)
- [Related Links](#)
- [Photo Gallery](#)
- [Sponsors](#)

Fastpitch

We will be offering an all-star fastpitch program in Squirt, Peewee, Bantam and Midget this year. Tryouts are currently under way. If you are interested in this program complete our registration form and contact our executive.

The Squirt and Peewee coaches are Paul Healey and Don King.

The Bantam coaches are Paul Heffernan and Paul King.

The Midget coach is Geoff Heffernan.

Contact info can be found on the executive tab to the left.

Coordinating the payment of tournament fees is a tedious task for volunteers. To streamline this process we will require each player chosen for all-star play to pay registration fees immediately following their selection to the team. We are in the planning stages but hope to have new uniforms for each division this year.

July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Schedule of Events

- Constable William Moss July 13th - 17th (St. John's)
- Squirt Provincial August 14th -16th (WaterfordValley)
- Peewee Provincial August 21st—23rd (Placentia)
- Bantam Provincial July 24th –26th (Placentia)
- Midget Provincial July 17th—19th (C.B.C.)
- Peewee Eastern Canadian August 27th –30th (Waterfordvalley)

- [Provincial Tournament Rules](#)



Home

Executive

News

Registration

Slowpitch

Fastpitch

Moss Tournament

Squirt Fastpitch

PeeWee Fastpitch

Bantam Fastpitch

Schedules

Learn the Game

Related Links

Photo Gallery

Sponsors

2009 Moss Tournament

The Constable William Moss Minor Softball Tournament was inaugurated in 1980 through the personal efforts of Constable Gary Browne, Mr. Peter Harvey, then president of Softball Newfoundland, and Mrs. Gen Adams of the Cabot Street Recreation Association.

Constable William (Bill) Moss of Port Blandford was a member of the constabulary who tragically lost his young life in a violent labour dispute at Badger in 1959 – commonly referred to as “The Badger Riot.” Constable Moss died on March 12, 1959, at Grand Falls, two days after receiving a severe blow to the head from a piece of pulpwood during an altercation.

Seventy-eight members of the constabulary were sent to assist the RCMP during the “Badger Riot.”

The Const. Moss Memorial Tournament began in 1980 with just four St. John’s inter-city teams. In just a few short years, the event had become, as it is to this day, the premier boys’ and girls’ tournament in our province, with as many as 30 teams participating. The tournament quickly far surpassed all police and community expectations relating to the breaking down of barriers between law enforcement members and our youth.

This year’s tournament is scheduled for July 13th - 17th. Division schedules are posted below.

[Squirt Boys](#)

[Peewee Boys](#)

[Under 16 Girls](#)

[Bantam Boys](#)

The tournament results can be found [here](#).



Home

Executive

News

Registration

Slowpitch

Fastpitch

Moss Tournament

Squirt Fastpitch

PeeWee Fastpitch

Bantam Fastpitch

Schedules

Learn the Game

Related Links

Photo Gallery

Sponsors

Squirt Fastpitch

The squirt fastpitch team has been selected and the names of the successful players have been posted below. As per our registration policy registration for this is now due. Please contact the shed to register. While we would like to see players make it to all games we do realize there are times when that will not be possible. We do ask that if a player will not make it to a game that you contact the coach.

Tournaments

Registration for Squirt fastpitch includes cost for 2 tournaments:

Constable William Moss July 13th - 17th (St. John's)
Squirt Provincial August 14th - 16th (Waterford Valley)

If you child cannot play in either of these tournaments please notify the coach right away.

There will be a cost for participation in any other fastpitch tournaments.

Squirt Fastpitch Roster

John Healey

Nathan Noel

John Conway

Nathan Conway

Mike Martin

Mark King

Shane Dobbin

Paddy Slaney

Nathan Kenny

Brad Broders

Ian Smallwood

Matthew Smith

Cody Power

- [Provincial Tournament Rules](#)

We will be practicing every Wednesday evening at either 6 pm or 7pm at the Huck depending on which peewee group is scheduled. Practice rosters are different than the game rosters posted above. Here are the practice rosters.

Practice Group 1

Cody Donaghey
 Brandon Pomroy
 Brad Power
 Levi Hogan
 Adam Healey
 Ryan Kenny
 Tyler Tobin
 Greg Tracey
 Andrew Moland
 Paddy Bonnell
 Jack Stanley
 Matthew Kenny
 Coach Healey

Practice Group 2

Isaac Power
 Cody Basha
 Jordan Noftal
 Michael King
 Michael Hansford
 Matthew White
 Justin Broders
 Braden Hewitt
 Matthew Stone
 Josh Grougchy
 Brandon Locke
 Bruce Murphy
 Coach King

Practice group 1 will start at 6pm and group 2 will start at 7pm.



- [Home](#)
- [Executive](#)
- [News](#)
- [Registration](#)
- [Slowpitch](#)
- [Fastpitch](#)
- [Moss Tournament](#)
- [Squirt Fastpitch](#)
- [PeeWee](#)
- [Bantam Fastpitch](#)
- [Schedules](#)
- [Learn the Game](#)
- [Related Links](#)
- [Photo Gallery](#)
- [Sponsors](#)

PeeWee Fastpitch

The spring session for our new Pee Wee Fastpitch league will run from June 8 to June 29. There will be games every Monday and practice every Wednesday at Huck Williams field in Kilbride off Old Bay Bulls Rd. on Chafe's Lane. A detailed schedule has been finalized and posted below and in the schedule section. While we would like to see players make it to all games we do realize there are times when that will not be possible. We do ask that if a player will not make it to a game that you contact the coach.

Tournaments

Registration for Pee Wee fastpitch includes cost for 2 tournaments:

- Constable William Moss July 13th - 17th (St. John's)
- PeeWee Provincial August 21st—23rd (Placentia)

If you child cannot play in either of these tournaments please notify the coach right away.

There will be a cost for participation in any other fastpitch tournaments.

Teams in peewee and bantam can qualify to travel to an Eastern Canadian tournament if they finish in the top two teams in their provincial. This is usually held in the last week of August each year.

Coordinating the payment of tournament fees is a tedious task for volunteers. To streamline this process we will require each player chosen for all-star play to pay registration fees immediately following their selection to the team. We are in the planning stages but hope to have new uniforms for each division this year.

Schedule of Events

- Constable William Moss July 13th - 17th (St. John's)
- PeeWee Provincial August 21st—23rd (Placentia)
- PeeWee Eastern Canadian August 27th -30th (Waterfordvalley)

- [Provincial Tournament Rules](#)

2009 PeeWee Fastpitch League Game Rosters

Valley Black

- Isaac Power
- Brandon Pomroy
- Brad Power
- Michael King
- Ryan Kenny
- Michael Hansford
- Greg Tracey
- Justin Broders
- Andrew Moland
- Matthew Stone
- Paddy Bonnell
- Brandon Locke
- Bruce Murphy

Coach: Don King

Valley Gold

- Cody Donaghey
- Cody Basha
- Jordan Noftal
- Levi Hogan
- Adam Healey
- Chad Gavin
- Matthew White
- Tyler Tobin
- Braden Hewitt
- Josh Grushie
- Jack Stanley
- Nick Hart
- Mathew Kenny

Coach: Paul Healey

The schedule of games is [here](#)

We will be practicing every Wednesday evening at either 6 pm or 7pm at the Huck depending on which peewee group is scheduled. [Practice rosters are different than the game rosters posted above.](#) Here are the practice rosters.

Practice Group 1

- Cody Donaghey
- Brandon Pomroy
- Brad Power
- Levi Hogan
- Adam Healey
- Ryan Kenny
- Tyler Tobin
- Greg Tracey
- Andrew Moland
- Paddy Bonnell
- Jack Stanley
- Matthew Kenny
- Coach Healey

Practice Group 2

- Isaac Power
- Cody Basha
- Jordan Noftal
- Michael King
- Michael Hansford
- Matthew White
- Justin Broders
- Braden Hewitt
- Matthew Stone
- Josh Grougchy
- Brandon Locke
- Bruce Murphy
- Coach King

Practice group 1 will start at 6pm and group 2 will start at 7pm.



- [Home](#)
- [Executive](#)
- [News](#)
- [Registration](#)
- [Slowpitch](#)
- [Fastpitch](#)
- [Moss Tournament](#)
- [Squirt Fastpitch](#)
- [PeeWee Fastpitch](#)
- [Bantam Fastpitch](#)
- [Schedules](#)
- [Learn the Game](#)
- [Related Links](#)
- [Photo Gallery](#)
- [Sponsors](#)

Bantam Fastpitch

The Bantam fast pitch team has been selected. The team is posted below. Practices are held at Huck Williams field in Kilbride off Old Bay Bulls Rd. on Chafe's Lane. While we would like to see players make it to all games/practices we do realize there are times when that will not be possible. We do ask that if a player will not make it to a game/practice that you contact the coach.

Tournaments

Registration for Bantam fastpitch includes cost for 2 tournaments:

- Constable William Moss July 13th - 17th (St. John's)
- Bantam Provincial July 24th - 26th (Placentia)

If you child cannot play in either of these tournaments please notify the coach right away.

There will be a cost for participation in any other fastpitch tournaments.

Bantam teams can qualify to travel to an Eastern Canadian tournament if they finish in the top two teams in their provincial. This is usually held in the last week of August each year.

Coordinating the payment of tournament fees is a tedious task for volunteers. To streamline this process we will require each player chosen for all-star play to pay registration fees immediately following their selection to the team. We are in the planning stages but hope to have new uniforms for each division this year.

Schedule of Events

- Constable William Moss July 13th - 17th (St. John's)
- Bantam Provincial July 24th -26th (Placentia)

- [Provincial Tournament Rules](#)

2009 Bantam Fastpitch Roster

1.	Chris Blyde
2.	Mike Duff
3.	Dave Fleet
4.	Paddy Heffernan
5.	Ryan King
6.	Thomas Murphy
7.	CJ Myers
8.	Daniel Noftal
9.	Ryan Owens
10.	Robert Peddle
11.	Ryan Slaney
12.	Curtis Smallwood
13.	Steve White
14.	Mike Whitten

Thanks to all who came out.

Players are reminded to complete their registration with the Waterford Valley association.

- [Home](#)
- [Executive](#)
- [News](#)
- [Registration](#)
- [Slowpitch](#)
- [Fastpitch](#)
- [Moss Tournament](#)
- [Squirt Fastpitch](#)
- [PeeWee Fastpitch](#)
- [Bantam Fastpitch](#)
- [Schedules](#)**
- [Learn the Game](#)
- [Related Links](#)
- [Photo Gallery](#)
- [Sponsors](#)

Schedules

Refer to the list below to download the latest schedule in your fastpitch or slowpitch division . Adobe Acrobat Reader is required. Download it [here](#).

Skill development clinics are held daily Monday to Thursday at the following times:

- 12:30 - 1:30 Fastpitch or Slowpitch players of all divisions
- 1:30 - 2:30 Squirt/PeeWee players
- 2:30 - 3:30 Mite players

FAST PITCH



Squirt

- [Provincial Schedule](#) (August 14 -16th)
- [Placentia Invitational](#)



PeeWee

- [2009 Provincial Schedule](#) (August 22 - 23rd)
- [2009 Kenny Myers Schedule](#)
- [2009 League Schedule](#)



Bantam

Next practice is Saturday, July 11th at 6:00 pm, Huck Field.



Tournaments

Fastpitch:

- Constable William Moss July 13th - 17th (St. John's)
- Kenny Myers Memorial July 27th - 30th (St. John's)
- Squirt Provincial August 14th - 16th (Waterford Valley)
- PeeWee Provincial August 22nd - 23rd (Waterford Valley)
- Bantam Provincial July 24th - 26th (Placentia)
- Midget Provincial August 7th - 9th (C.B.C.)
- PeeWee Eastern Canadian August 27th - 30th (W. Valley)

SLOW PITCH

Playoffs start Tuesday August 14th. See below.



T-Ball

[Schedule](#)

[Rosters](#)



Mite

[Schedule](#)

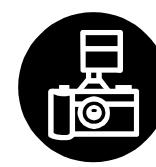
[Rosters](#)



Squirt

[Schedule](#)

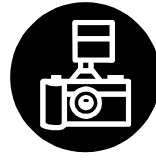
[Rosters](#)



PeeWee

[Schedule](#)

[Rosters](#)



Bantam

[Schedule](#)

Provincial tryouts Thursday August 13th Cowan Park 6:45-8:00; Monday August 17th Cowan Park 6:30-8:00; Wednesday August 19th Cowan Park 6:30-8:00

[Rosters](#)

Tournaments

Slow-Pitch:

- Mite Co-Ed Slowpitch Provincial August 21 - 23rd (Foxtrap)
- Mite Boys Slowpitch Provincial August 28h - 30th (Carbonear)
- Squirt Boys Slowpitch Provincial August 28th - 30th (Carbonear)
- PeeWee Boys Slowpitch Provincial August 28th - 30th (St. Phillips)
- Bantam Slowpitch Provincial August 21st - 23rd (St. Phillips)

House League Slowpitch Playoff Schedule:

Thursday August 20th

5:00 Corvettes vs Mustangs @ Waterford Valley

5:00 Vipers vs Jaguars @ Cowan Park

6:30 Vipers vs Corvettes @ Waterford Valley

Friday's games moved to Monday

Monday August 24th

5:00 Vipers vs Mustangs @ Waterford Valley

5:00 Jaguars vs Corvettes @ Cowan Park

6:30 Championship @ Waterford Valley

(The teams in the top two positions move to the final)



Home

Executive

News

Registration

Slowpitch

Fastpitch

Moss Tournament

Squirt Fastpitch

PeeWee Fastpitch

Bantam Fastpitch

Schedules

Learn the Game

Related Links

Photo Gallery

Sponsors

Learn the Game

Player clinics are held daily at Gerry Veitch field. Check schedules for details.

[Provincial Fastpitch Rules](#)

[Provincial Slowpitch Rules](#)

Pitching	Catching	Hitting	Throwing	Practice
Pitching Basics	Catcher Basics	Hitting Tips	Throwing Accuracy	Stealing Drill
Pitch Selection	Catcher Call Chart	Better Hitting	Bucket Drill	Improving Speed
	Blocking Drill			Scorecard
	Arm Strength			How to score a game
	Pick-off Drills			

Adobe Acrobat Reader is required. Download it [here](#).



[Home](#)

[Executive](#)

[News](#)

[Registration](#)

[Slowpitch](#)

[Fastpitch](#)

[Moss Tournament](#)

[Squirt Fastpitch](#)

[PeeWee Fastpitch](#)

[Bantam Fastpitch](#)

[Schedules](#)

[Learn the Game](#)

[Related Links](#)

[Photo Gallery](#)

[Sponsors](#)

Related Links

Here are some interesting softball related websites.

Softball Newfoundland
<http://www.softball.nf.ca/>

Softball Canada
<http://www.softball.ca/>

Eastern Canadian Championships
<http://www.easterncanadian.com/>

St. John's Senior/Intermediate League
<http://www.geocities.com/sjfastpitch/>

Senior Men's Fastpitch League
<http://www.nfastpitch.com/>

Coaching Association of Canada
<http://www.coach.ca/>

Add your Team to Sport.ca
<http://www.sport.ca/>

The Strictly Softball Search Engine
<http://www.softballsearch.com/>

Constable William Moss Tournament
www.sport.ca/moss

Home

Executive

News

Registration

Slowpitch

Fastpitch

Moss Tournament

Squirt Fastpitch

PeeWee Fastpitch

Bantam Fastpitch

Schedules

Learn the Game

Related Links

Photo Gallery

Sponsors

Photo Gallery



2008 Squirt Fastpitch Provincial Champions



2008 Squirt Constable William Moss Champions



2008 Squirt Fastpitch Provincial Runners Up



2008 Moss Trophy Presentation



Waterford Valley's own... represented Canada at the 2008 Jr. Men's World Championship winning a silver medal.



2005 ECSC Silver Medalists



2006 ECSC Gold Medalists





Home

Executive

News

Registration

Slowpitch

Fastpitch

Moss Tournament

Squirt Fastpitch

PeeWee Fastpitch

Bantam Fastpitch

Schedules

Learn the Game

Related Links

Photo Gallery

Sponsors

Sponsors

Waterford Valley Softball Association (WVSA) is a non-profit organization that offers community youth an opportunity for positive growth experiences through sport and recreation. Each year WVSA provides an 8 week summer program to approximately 150 youth aged 4–18.

The City of St. John's provides an operating grant but that does not cover expenses such as safety equipment and team uniforms. We are currently seeking community-minded people who wish to help us provide this worthwhile experience.

Monies and/or services donated will be used to help purchase badly needed equipment and uniforms for our players.

If you wish to help please [contact](#) us.